



Stepping Stones

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Personal Abilities and Goals



Stepping Stones



When you visualize and set your goal, you will have a purpose in life. A mission you will want to fulfill. It is important that your **desires** for this goal are strong.

This black dot is where you are right now.

This maroon dot is your goal, the place you want to go.

You will have something to look forward to in life. The line that points from you to the goal symbolizes the **journey** ahead.



I CAN/CAN'T DO

Workbook Exercise



TOP 10

MY TOP 10 SKILLS

Workbook Exercise

YOUR VALUES SUMMARY Workbook Exercise





- **Improving Literacy**
- **Finding Paid or Voluntary Work**
- **Working Together in a Group**
- **Improving my existing Income**
- **Gaining Further Education or Training**

